



ESPANOLA REGIONAL RECREATION COMPLEX MARCH BREAK 2019 POOL SCHEDULE

Effective March 11th - March 17th 2019



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
POOL SCHEDULE IS SUBJECT TO CHANGE - Give us a shout before you come out! 705-869-1961								
Fit Lanes *1 lane open **2 lanes open ***3 lanes open +Full Pool	9:00am-9:55am*** 10:00am-10:55am*** 5:00pm-5:55pm + 7:30pm-8:25pm +	10:00am-10:55am* 11:00am-11:55am***	9:00am-9:55am*** 10:00am-10:55am*** 5:00pm-5:55pm+ 7:30pm-8:25pm+	10:00am-10:55am* 11:00am-11:55am***	9:00am-9:55am*** 10:00am-10:55am***	12:00pm-12:55pm**		Aqua Spin Bikes are available for use during all swims!* Please ask a lifeguard to put a bike in the water for you! *at staff's discretion
Parents & Tots	9:00am-9:55am 10:00am-10:55am 5:00pm-5:55pm	10:00am-10:55am 11:00am-11:55am	9:00am-9:55am 10:00am-10:55am 5:00pm-5:55pm	10:00am-10:55am 11:00am-11:55am	9:00am-9:55am 10:00am-10:55am			
Leisure Swims	9:00am-9:55am 10:00am-10:55am	11:00am-11:55am	9:00am-9:55am 10:00am-10:55am	11:00am-11:55am	9:00am-9:55am 10:00am-10:55am			Come <i>Swim</i> laps in our 3 lanes, <i>Steam</i> in our sauna and <i>Soak</i> in our swirl pool or designated leisure area in our lap pool! Slide and diving board NOT available during Leisure Swims
Recreation Swims	11:00am-11:55am		11:00am-11:55am		11:00am-11:55am	12:00pm-12:55pm	1:00pm-2:55pm	Use of the diving board and slide available during recreation swims! Unaccompanied Children MUST be 10 years of age or able to pass the facility swim test See back of schedule for details
Tim Horton's Free Recreation Swims	6:00pm-7:25pm	12:00pm-1:25pm	6:00pm-7:25pm	12:00pm-1:25pm		6:00pm-7:55pm		
Lion's Club Free Recreation Swims						1:00pm-1:55pm		
Aquafit/Diaper Fit (Deep-end)		10:00am-10:55am		10:00am-10:55am				
Aquafit/Diaper Fit (Shallow-end)		10:00am-10:55am		10:00am-10:55am				

* If we experience an unexpected increase of patrons into a swim, the use of the slide may not be guaranteed*



Water Wheelchair Available

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