

JUNE CLASS SCHEDULE

Blue in Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aqua/Diaper Fit 9am-9:55am				Aqua/Diaper Fit 9am-9:55am		Updated May 23
	Aqua/Diaper Fit 10am-10:55am		Aqua/Diaper Fit 10am-10:55am			
	LUNCH YOGA with Brian 12:10-12:50pm		LUNCH YOGA with Brian 12:10-12:50pm			
Aqua/Diaper Fit 5:15pm-5:55pm		Aqua/Diaper Fit 5:15pm-5:55pm				
	Northern Dragons Karate 5:15-6:45pm		Northern Dragons Karate 5:15-6:45pm			
	H.I.I.T. w/ Nelson 7-8pm		H.I.I.T. w/ Nelson 7-8pm			
		STEP with Marilyn 7:30-8:30pm				

Check for updates with Front Desk at 705-869-1961, website www.espanola.ca or www.fb.com/townofespanolaClasses with insufficient registration/swipes or drop-ins will be cancelled.