





ESPANOLA REGIONAL RECREATION COMPLEX Fall 2017 POOL SCHEDULE

Effective October 1st - December 23rd 2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
POOL SCHEDULE IS SUBJECT TO CHANGE - Give us a shout before you come out! 705-869-1961								Aqua Spin Bikes are available for use during all swims! Please ask a lifeguard to put a bike in the water for you! *at staff's discretion
Fit Lanes *1 lane open **2 lanes open ***3 lanes open	9:00am-9:55am** 10:00am-10:55am*** 5:00pm-5:55pm** NEW TIME! 6:00pm-6:55pm**	10:00am-10:55* 11:00am-11:55am** 12:00pm-12:55pm	9:00am-9:55am 10:00am-10:55am+*** 11:00am-11:55am** 5:00pm-5:55pm** NEW TIME! 6:00pm-6:55pm**	10:00am-10:55* 11:00am-11:55am** 12:00pm-12:55pm	9:00am-9:55am** 10:00am-10:55am***	12:00pm-12:55pm**	1:00pm-2:55pm** except Oct 1/Nov 4/Dec 3	
Parents & Tots	9:00am-9:55am 10:00am-10:55am	10:00am-10:55am 11:00am-11:55am 12:00pm-12:55pm	9:00am-9:55am 10:00am-10:55am 11:00am-11:55am	10:00am-10:55am 11:00am-11:55am 12:00pm-12:55pm	9:00am-9:55am 10:00am-10:55am			
Leisure Swim	10:00am-10:55am		10:00am-10:55am 11:00am-11:55am		10:00am-10:55am		Come <i>Swim</i> laps in our 3 lanes, <i>Steam</i> in our sauna and <i>Soak</i> in our swirl pool or designated leisure area in our lap pool! Slide and diving board NOT available during Leisure Swims	
Recreation Swim	6:00pm-7:55pm		6:00pm-7:55pm			12:00pm-12:55pm	1:00pm-2:55pm	Use of the diving board and slide available during recreational swims! Unaccompanied Children MUST be 10 years of age or able to pass the facility swim test
Lion's Club Free Recreation Swim						1:00pm-1:55pm		
Aquafit/ Diaper fit	9:00am-9:55am 5:15pm-5:55pm NEW TIME!	10:00am-10:55am	5:15pm-5:55pm NEW TIME!	10:00am-10:55am	9:00am-9:55am			
Shallow Water Gentle Aquafit		11:00am-11:55am		11:00am-11:55am				

* If we experience an unexpected increase of patrons into a swim, the use of the slide may not be guaranteed*

Shelley Newton Free Rec Swims 1:00pm-2:55pm

Oct 1st, Nov 5, Dec 3



Aquatic Wheel Chair and Walker Available

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